

NEWS OF THE WORLD

For The
Best Informed
On-the-spot Comments
and Reports on the
OLYMPIC GAMES
OF 1956

Read:-

Doug Wilson
and
Joe Binks

THE WORLD'S GREATEST NEWSPAPER

Express Printing Service (Worcester) Ltd.

NEWS OF THE WORLD

SIXTEENTH
ANNUAL



EDINBURGH TO GLASGOW RELAY RACE

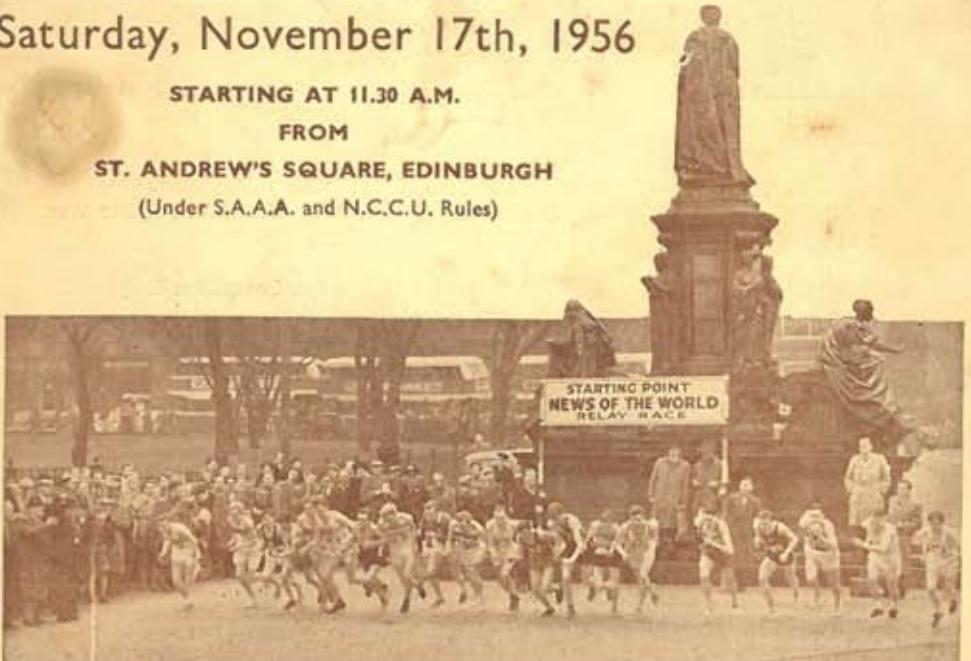
Saturday, November 17th, 1956

STARTING AT 11.30 A.M.

FROM

ST. ANDREW'S SQUARE, EDINBURGH

(Under S.A.A.A. and N.C.C.U. Rules)



(Showing Gladstone Memorial for the last time)

RELAYS AND EXCHANGE STATIONS

The runners, totalling 160, will be divided into eight relays of 20.
Each competitor must wear, BACK AND FRONT, the number
and the letter shown in this programme.

News of the World arrow signs will be shown throughout the Course at all turns,
and banners show each take-over.

FIRST RELAY.

(5½ miles)
(approx. time of
arrival 11.55 a.m.)

Starting from St. Andrew's Square, North David Street, Queen Street, Albyn Place, St. Colne Street, Ainslie Place, Great Stuart Street, Randolph Crescent, Melville Street, Manor Place, Coates Place, West Maitland Street, Haymarket Station, Clifton Terrace, Haymarket Terrace, under Railway Arch, Roseburn Terrace, Corstorphine Road, to Maybury Cross. First take-over. Distance: 5½ miles.

SECOND RELAY.

(6 miles)
(12.25 p.m.)

Main Glasgow Road, left fork to Newbridge, over stone bridge, under viaduct, right fork by Broxburn A.A. box to Broxburn East U.F. Church. Distance: 11½ miles.

THIRD RELAY.

(4 miles)
(12.45 p.m.)

Main Road to Uphall, right fork, sharp rise to Dechmont (switchback going) to Wester Dechmont Farm. Distance: 15½ miles.

FOURTH RELAY.

(5½ miles)
(1.15 p.m.)

Main Road right fork, then fork left for Bathgate, over level crossing to Armadale (Clock Tower). Distance: 21½ miles.

FIFTH RELAY.

(5½ miles)
(1.45 p.m.)

Main Road, Blackridge, over railway bridge, Forrestfield Station to Forrestfield Inn. Distance: 26½ miles.

SIXTH RELAY.

(7 miles)
(2.20 p.m.)

Main Road, Hillend, Caldercruix, under railway bridge, Plains, Clarkstone, Airdrie, Alexandra Street, Airdrie War Memorial. Distance: 33½ miles.

SEVENTH RELAY.

(5½ miles)
(2.50 p.m.)

Main Road, under railway bridge, Coatbridge Greyhound-Enclosure, Bank Street, Coatbridge, Bargeddie P.O., Ballyleiston, Spring Hill Cross, Barrachnie, Telephone Box. Distance: 39½ miles.

EIGHTH RELAY.

(5 miles)
(3.15 p.m.)

Main Shettleston Road, Shettleston, right fork, under railway bridge, Duke Street, turn left into High Street, turn right into Ingram Street to the Stirling Library (formerly Royal Exchange) (Queen Street). Full Distance: 44½ miles.

SPECIAL NOTE FOR THE SAFETY OF RUNNERS

All competitors must keep to the left-hand side of the road whilst running. Cutting corners is not allowed. Any competitor indulging in this dangerous practice will render his team liable to disqualification.

HONORARY OFFICIALS

President: W. EMSLEY CARR, ESQ. (*News of the World*)

Vice-Presidents: The Rt. Hon. SIR JOHN G. BANKS, C.B.E. (Lord Provost of Edinburgh);
The Rt. Hon. ANDREW HOOD (Lord Provost of Glasgow).

Starter: BAILIE JOHN CORMACK.

Referee: G. HORSBURGH (*S.N.C.C.U.*).

Relays 1-8:

Timekeepers: D. MCSWEIN (Chief) (*S.A.A.A.*); T. MCKAY (*S.A.A.A.*).
Recorders: W. C. ARMOUR (*S.N.C.C.U.*); D. MCSWEIN (Jnr.).

Relays 2-5:

Timekeeper: W. DEMPSEY (*S.A.A.A.*).
Recorders: E. TAYLOR (*S.N.C.C.U.*); A. GORDON (*S.A.A.A.*).

Relays 3-6:

Timekeeper: A. NANGLE (*S.N.C.C.U.*).
Recorders: G. K. AITHIE (*S.A.A.A.*); R. McDONALD.

Relays 4-7:

Timekeepers: D. CORBET (*S.A.A.A.*); J. R. ROBERTSON (*S.A.A.A.*).
Recorders: A. STEVENSON (*S.A.A.A.*); D. FERGUSON (*Shettleston H.*).

Judges: J. GILBERT (*S.A.A.A.*); G. DALLAS (*S.N.C.C.U.*); T. FRASER (*S.N.C.C.U.*);
J. MCCLURG (*S.A.A.A.*); T. D. MCKIE (*Glasgow Police*); A. F. NIELSON
(*S.N.C.C.U.*); A. FALCONER (*S.N.C.C.U.*); J. R. SCOTT (*S.N.C.C.U.*);
J. C. SCOTT (*S.N.C.C.U.*); W. LAWN (*Ballahouston H.*); D. M. WRIGHT
(*S.A.A.A.*); J. MORTON (*Springburn H.*); J. A. HENDERSON (*E.S.H.*).

Transport Chief: G. S. BARBER (*Maryhill H.*).

Transport Assistant: A. N. CROSBIE (*S.N.C.C.U.*).

Coach Swards: Coach No. 1, W. J. ANDREWS (*S.B.A.A.A.*); 2, R. DEVON (*S.M.C.*);
3, J. McNAMARA (*S.M.C.*); 4, G. PICKERING (*S.N.C.C.U.*); 5, I. ROSS
(*Edinburgh Southern H.*); 6, J. GUNN; 7, W. CHESSER (*S.A.A.A.*); 8, T.
DAILY (*S.N.C.C.U.*); 9, J. T. MITCHELL (*S.N.C.C.U.*).

Course Official: F. EVANS (*S.A.A.A.*).

Medical: ST. ANDREW'S AMBULANCE BRIGADE.

Results Reporters: G. WALKER; M. STEWART (*S.N.C.C.U.*).

Glasgow Results Board: J. S. RUSSELL; A. MURDOCH.

Clerk of the Course: W. CARMICHAEL (*S.A.A.A.*).

Assistant Clerk of the Course: W. MCNEILLIE (*S.A.A.A.*).

Organiser: RON BACCHUS (*News of the World*).

Assistant Organiser: K. J. FINDING (*News of the World*).

1956 NATIONAL RACE (LONDON—BRIGHTON)

S.L.H. SCORE RELAY HAT-TRICK

Reprinted from "NEWS OF THE WORLD," April 15, 1956

By JOE BINKS, ex-Holder Mile Record

SOUTH London Harriers won the "News of the World" London to Brighton National road relay race for the third successive year in 4 hr. 29 min. 33 sec., which was 14 sec. outside their last year's record. Herne Hill Harriers were second in 4 hr. 30 min. 38 sec. and Sheffield United Harriers third in 4 hr. 30 min. 48 sec.

The foundation of South London's success was achieved during the ninth leg—four miles 82 yds. They started this in fourth place, but so well did Ray Ashforth run that when he handed over the baton to his club mate, S. R. Langridge, he was well ahead of the field. This advantage was maintained until the end.

Six new course records were set up. Ian Boyd (Herne Hill) ran the first stage in 20 min. 12 sec. which beat the previous best by 5 sec. Eric Shirley (Finchley H.) the second stage in 24 min. 47 sec., George Knight (Essex Beagles), the third in 27 min. 41 sec., P. Palmer (St. Albans), the fifth in 21 min. 24 sec., Peter Driver (South London H.), the seventh in 32 min. 52 sec., while Ken Norris (Thames Valley) lowered his own previous best for the eighth "leg" (6 miles 206 yards) by 7 sec. with a time of 28 min. 23 sec.

I credit Norris with the best performance in beating a record which is, in fact, faster than Zatopek's six-mile world track record.

Shirley's run gave us a taste of what he may accomplish in the Olympic Games and he should be a big threat to the world's best in the steeplechase.

Twenty runners representing clubs from many parts of Britain set out from Westminster. Herne Hill, Sheffield United and South London settled down to lead the field, and they battled it out for five "legs" with Finchley and Thames Valley also well in the running.

But in the sixth relay Sheffield got away and set up a fine lead of 57 sec. with Herne Hill second and South London in third place.

At Hickstead, for the eighth take-over, Herne Hill once again took the lead over Sheffield, and over this course Norris took his team, Thames Valley, into third place.

South London prospects did not look so good. They were nearly two minutes behind, but their officials had worked out a clever schedule and were not unduly worried. R. Ashforth took them to the front at Newtimber, and junior cross-country champion, S. Langridge consolidated the position. F. Gilson came into Brighton in grand style to give the holders their third successive win.

The first 16 teams finished within 11 minutes of each other. The meritorious performance awards went to St. Albans, participating in their first national relay.

South London H. (4hr. 29min. 33 sec.) 1. **Herne Hill H.** (4-30-38) 2. **Sheffield United H.** (4-30-48) 3. **Thames Valley** (4-32-23) 4. **Belgrave H.** (4-33-11) 5. **Polytechnic H.** (4-35-18) 6. **Victoria Park** (4-36-1) 7. **Birchfield** (4-36-33) 8. **St. Albans** (4-36-59) 9. **Walton** (4-38-57) 10. **Finchley** (4-39-22) 11. **Shuttleton** (4-39-34) 12. **Manchester** (4-39-38) 13. **Tipton** (4-39-43) 14. **Essex Beagles** (4-39-52) 15. **Coventry Godiva** (4-39-56) 16. **Lincoln Wellington** (4-41-31) 17. **Blackheath** (4-42-26) 18. **Bolton Utd.** (4-44-18) 19. **Sutton St. Helens** (4-44-49) 20.

AWARDS

Winning Team to hold the "News of the World" Silver Trophy

The first four teams to finish will receive a set of specially designed medals (gold-fronted for the winners, silver for the runners-up, and bronze for the third and fourth).

An extra set of bronze medals will be awarded to the unplaced team who gave the most meritorious performance.

This question will be decided by the following well-known officials: R. Bacchus, J. Gilbert, G. Dallas, D. McSwein, and the Referee, G. Horsburgh.

TEAMS and RUNNERS

BELLAHOUSTON HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 49 mins. 47 secs. 1938.

Winners 1936, 1938, Fourth 1955.

(Colours: Dark Blue; St. Andrew's Cross)

A 1	J. Connolly	A 8	J. Irvine	A14	D. Dickson
A 2	F. G. Nelson	A 9	W. Goodwin	A15	R. Wilson
A 3	H. Fenion	A10	R. Stoddart	A16	R. Climie
A 4	R. Renowan	A11	S. McLean	A17	G. Bell
A 5	D. Wright	A12	J. McLean	A18	A. Jack
A 6	R. Black	A13	A. Watt	A19	D. Fraser
A 7	R. H. Wilson			A20	J. McKenzie

BRAIDBURN ATHLETIC CLUB

"News of the Word" Relay: Fastest time 4 hrs. 7 mins. 0 secs. 1955.

(Colours: Red, Yellow and Green Hoops)

B 1	N. Donachie	B 8	I. Drever	B14	L. M. Campbell
B 2	D. W. Dunn	B 9	R. Van Hagen	B15	A. B. Parker
B 3	J. K. Hislop	B10	W. Henderson	B16	E. J. Cuthbertson
B 4	R. A. Henderson	B11	D. B. Nisbet	B17	H. Morrison
B 5	J. Crawford	B12	A. Davidson	B18	B. Bannister
B 6	J. W. Brydie	B13	A. Howie	B19	E. Archibald
B 7	J. M. Hamilton			B20	D. J. Pincott

CLYDESDALE HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 58 mins. 23 secs. 1955.

(Colours: Black and White)

C 1	C. O'Boyle	C 7	J. Young	C13	F. Kiely
C 2	J. Wright	C 8	G. White	C14	J. Duffy
C 3	J. Hislop	C 9	P. Ballance	C15	J. Parker
C 4	W. Linton	C10	J. Hume	C16	J. McLachlan
C 5	P. Younger	C11	J. Higginson	C17	D. Stirrat
C 6	R. Clark	C12	D. Bowman	C18	J. Boyd

EDINBURGH EASTERN HARRIERS

(Colours: White—Red Facings)

D 1	C. Fraser	D 7	H. Phillip	D13	W. Thomson
D 2	J. Devlin	D 8	G. Mortimer	D14	E. Thomson
D 3	H. Irvine	D 9	D. Reid	D15	A. Jolly
D 4	W. Ramage	D10	R. Stark	D16	T. Sargent
D 5	P. Stewart	D11	A. King	D17	T. Johnston
D 6	R. Togwell	D12	R. Irving	D18	B. Jessatt

EDINBURGH SOUTHERN HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 59 mins. 27 secs. 1950.

(Colours: Blue and White)

E 1	W. A. Robertson	E 8	E. Clark	E14	J. Heggie
E 2	W. A. Lyall	E 9	J. Smart	E15	N. Ross
E 3	J. Foster	E10	H. S. Millar	E16	R. Anderson
E 4	R. McAllister	E11	W. F. Lindsay	E17	J. Bruce
E 5	H. Robertson	E12	I. Gourley	E18	J. Milligan
E 6	I. Grainger	E13	G. G. Elliott	E19	G. Stark
E 7	N. Halvorson			E20	M. Logie

EDINBURGH UNIVERSITY H. & H.

"News of the World" Relay: Fastest time 3 hrs. 55 mins. 35 secs. 1955.
(Colours: Dark Green Vest, White Shorts)

H 1	A. H. C. Horne	H 5	W. H. Watson	H 9	J. V. Paterson
H 2	A. S. Jackson	H 6	W. J. H. Hood	H 10	G. Smart
H 3	H. Alexander	H 7	A. K. Ravenscroft	H 11	A. C. Ross
H 4	G. Brown	H 8	A. Pavlin	H 12	M. Elder

FALKIRK VICTORIA HARRIERS

"News of the World" Relay: Fastest time 4 hrs. 0 mins. 19 secs. 1954.
(Colours: Black & Gold)

J 1	T. P. Blackhall	J 7	G. Cox	J14	D. Nicoll
J 2	D. Clelland	J 8	R. Gordon	J15	G. J. Rankin
J 3	A. Cook	J 9	A. Hunter	J16	J. Richardson
J 4	A. J. Crawford	J10	J. Hastings	J17	D. Shields
J 5	W. Currie	J11	M. Kaney	J18	R. A. Sinclair
J 6	R. Cairney	J12	M. Kerr	J19	T. D. Todd
		J13	C. Morrison	J20	J. Welsh

GARSCUBE HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 53 mins. 26 secs. 1937.
Sixth 1955.

(Colours: White with Blue Band)

K 1	S. Horn	K 8	D. MacFadyen	K14	D. G. Causon
K 2	G. Dickson	K 9	E. S. Murray	K15	F. J. Robertson
K 3	J. Linn	K10	J. A. Hughes	K16	C. Winter
K 4	B. Linn	K11	D. Spencer	K17	D. Coupland
K 5	H. Carson	K12	M. McDermott	K18	J. M. Stewart
K 6	A. Kidd	K13	A. Warton	K19	J. Barrowman
K 7	G. Paris			K20	A. A. MacDonald

GLASGOW UNIVERSITY H. & H.

"News of the World" Relay: Fastest time 4 hrs. 8 mins. 14 secs. 1954.
(Colours: Black Vest, Gold "G" on Back)

L 1	A. R. Galbraith	L 8	J. S. MacRae	L14	D. Robertshaw
L 2	B. D. Galbraith	L 9	P. S. Maitland	L15	N. R. Rogers
L 3	J. Gray	L10	P. J. Martin	L16	J. A. Rose
L 4	D. Johnston	L11	R. B. Meikle	L17	M. S. Scott
L 5	S. P. J. Kerr	L12	J. Pearson	L18	N. C. Sharp
L 6	D. S. MacFarlane	L13	A. A. Preston	L19	L. M. Tierney
L 7	J. H. MacLeod			L20	D. Valentine

GREENOCK GLENPARK HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 59 mins. 1950.
(Colours: Sky Blue Singlet with Badge)

M 1	J. Grant	M 7	W. Elder	M13	G. Muir
M 2	D. Kennedy	M 8	I. Osborne	M14	J. Callaghan
M 3	A. Deas	M 9	M. Burns	M15	J. McKenna
M 4	Michael Thompson	M10	R. Cox	M16	W. Kesson
M 5	J. Spence	M11	W. Williamson	M17	H. Beaton
M 6	D. Farren	M12	D. McFarlane	M18	Morton Thompson
				M19	D. Gallagher

GREENOCK WELLPARK HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 54 mins. 2 secs. 1955.
(Colours: White with Black Band & Badge)

P 1	T. Stevenson	P 6	C. Aitken	P11	D. Anderson
P 2	G. C. King	P 7	J. Cairns	P12	T. Hewitt
P 3	D. McConnachie	P 8	W. Stoddart	P13	R. L. McSwein
P 4	P. McConnachie	P 9	H. McHenry	P14	I. Ross
P 5	J. McGregor	P10	P. McKay	P15	G. C. Stoddart
				P16	S. Aitken

IRVINE Y.M.C.A. HARRIERS

"News of the World" Relay: Fastest time 4 hrs. 2 mins. 5 secs. 1952.
(Colours: White, Blue Band, Red Triangle)

Q 1	S. Cuthbert	Q 8	S. Kennedy	Q14	F. Muir
Q 2	H. Kennedy	Q 9	R. Kennedy	Q15	K. Alexander
Q 3	W. Banks	Q10	R. Campbell	Q16	W. Kenny
Q 4	T. Parker	Q11	J. Robertson	Q17	J. Leask
Q 5	M. Young	Q12	A. Wyllie	Q18	F. English
Q 6	J. Kerr	Q13	J. Lawson	Q19	A. McPhail
Q 7	J. Cowen			Q20	W. Blair

MARYHILL HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 50 mins. 5 secs. 1938.
Winners 1939.

(Colours: Royal Blue Singlet, White Shorts)

R 1	J. E. Farrell	R 7	W. Black	R13	G. Porteous
R 2	W. Kirkwood	R 8	R. McDonald	R14	W. Linkinson
R 3	J. Wright	R 9	R. Ross	R15	G. Taylor
R 4	T. Ruth	R10	J. Smith	R16	J. Hoskins
R 5	G. B. McLintock	R11	A. Bald	R17	J. A. Gibson
R 6	T. Harrison	R12	J. McKay	R18	J. D. Gibson
				R19	J. Campbell

MOTHERWELL Y.M.C.A. HARRIERS

"News of the World" Relay: Fastest time 4 hrs. 3 mins. 32 secs. 1936.
(Colours: Black—White Facings)

S 1	A. H. Brown	S 7	W. P. Marshall	S13	C. Bollock
S 2	T. Scott	S 8	D. McFarlane	S14	W. Keyes
S 3	M. Mitchell	S 9	A. Kirkwood	S15	J. Campbell
S 4	J. Poulton	S10	J. McMillan	S16	A. Brown, Snr.
S 5	R. McKay	S11	W. Watson	S17	J. Scott
S 6	B. McRoberts	S12	G. Watson	S18	J. Robertson

PAISLEY HARRIERS

"News of the World" Relay: Fastest time 4 hrs. 1 min. 34 secs. 1955.
(Colours: Royal Blue with Red Band)

T 1	J. Campbell	T 5	D. Ferguson	T 8	J. Sellar
T 2	A. Napier	T 6	W. McNeil	T 9	J. Pearson
T 3	G. Napier	T 7	T. Fellowes	T10	J. Feeley
T 4	C. McCart			T11	A. Murdoch

PLEBEIAN HARRIERS AND A.C.

"News of the World" Relay: Fastest time 3 hrs. 53 mins. 57 secs. 1936.
Winners 1933.

(Colours: White Vest with Red Band)

U 1	A. Small	U 7	D. Barclay	U13	A. Muir
U 2	T. Newcastle	U 8	A. Douglas	U14	J. McGregor
U 3	T. McQuade	U 9	B. Smethurst	U15	P. McDermid
U 4	D. McEwan	U10	C. Heaney	U16	R. Coyle
U 5	J. McEwan	U11	G. Jamieson	U17	L. Howitt
U 6	D. Hay	U12	T. Monaghan	U18	R. Turner

SHETTLESTON HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 46 mins. 13 secs. 1955.
Winners April and November, 1949. Second 1950, 1951, 1952, 1953 and 1954.
Winners 1955.

(Colours: Royal Blue and Gold Band)

W 1	G. E. Everitt	W 8	T. Kelly	W14	J. Girdwood
W 2	J. McGhee	W 9	W. McFarlane	W15	I. Cloudsley
W 3	R. C. Wallace	W10	T. Walters	W16	A. Hill
W 4	G. Govan	W11	J. Kirk	W17	H. Mitchell
W 5	J. Turnbull	W12	F. Scally	W18	J. Eadie
W 6	E. Bannon	W13	R. Bolling	W19	W. Gorman
W 7	A. Orr			W20	R. Wotherspoon

SPRINGBURN HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 51 mins. 32 secs. 1955.
Third 1954 & 1955.

(Colours: Navy Blue Vest with White Diamond, White Shorts)

X 1	J. McCormick	X 8	T. O'Reilly	X14	A. Reid
X 2	J. Rooney	X 9	E. Sinclair	X15	J. O'Haire
X 3	T. Tracey	X10	A. Fulton	X16	C. Mallon
X 4	P. McParland	X11	P. McNab	X17	P. McCulloch
X 5	J. Gordon	X12	J. Murphy	X18	R. McLean
X 6	J. Ballantyne	X13	T. Craig	X19	D. G. McKay
X 7	D. Wilmouth			X20	J. Crawford

VALE OF LEVEN A.A.C.

"News of the World" Relay: Fastest time 3 hrs. 53 mins. 37 secs. 1955.
Fifth 1955.

(Colours: Red & White Hoops)

Y 1	P. Moy	Y 5	J. Garvey	Y 9	F. Lacey
Y 2	A. McDougall	Y 6	H. Garvey	Y10	G. Crichton
Y 3	W. Gallacher	Y 7	P. Patterson	Y11	J. White
Y 4	R. Steel	Y 8	I. Young	Y12	T. Wilson
				Y13	W. Crowe

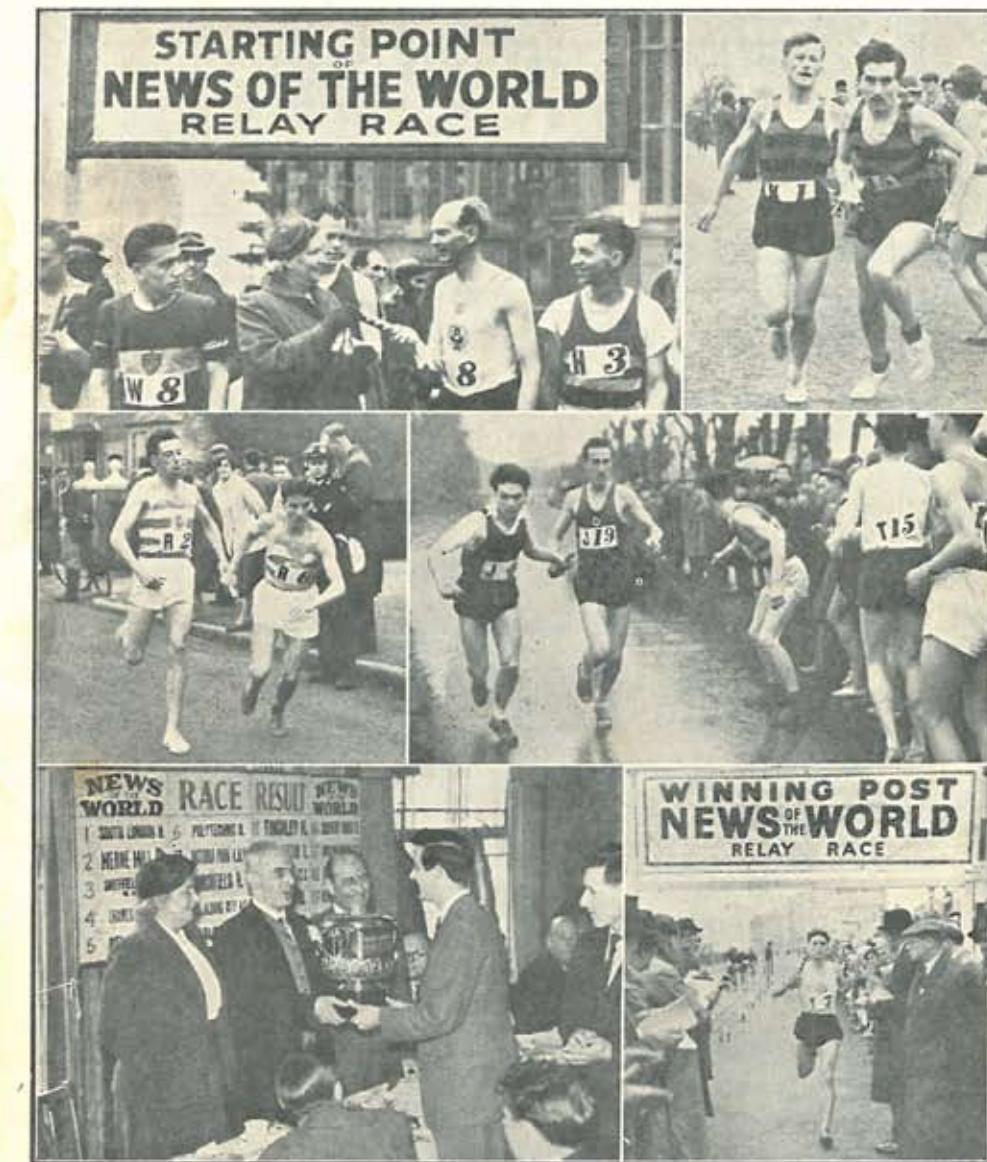
VICTORIA PARK A.A.C.

"News of the World" Relay: Fastest time 3 hrs. 46 mins. 43 sec. 1954.
Winners 1950, 1951, 1952, 1953 and 1954.
Second 1955.

(Colours: Blue and White Hoops)

Z 1	I. Binnie	Z 7	R. Kane	Z13	H. Muir
Z 2	J. Russell	Z 8	J. Whitelaw	Z14	J. Stirling
Z 3	R. Calderwood	Z 9	J. Parker	Z15	N. Ellis
Z 4	G. Kerr	Z10	P. Keenan	Z16	J. McLaren
Z 5	S. Ellis	Z11	W. Kerr	Z17	R. Lees
Z 6	R. Russell	Z12	C. Forbes	Z18	R. Brown

NATIONAL RELAY, 14th APRIL, 1956



(Top Left) Mrs. Riley handing the baton to J. R. Humphreys of South London H.
(Top Right) R. S. Clark (Horn Hill H.) handing over to G. B. Nearn at Hickstead.
(Centre Left) J. E. Nichols (Sheffield United) handing over to H. Charles for the 8th leg.
(Centre Right) M. J. Day (J4) starting the 4th leg from Purley for Finchley H.
(Bottom Left) Alderman J. A. T. Leak, J.P., presenting the Trophy to South London H.
(Bottom Right) First man home — R. D. Gilson, South London H.



EDINBURGH—GLASGOW RELAY RACE WINNERS AND TIMES

1933	Plebeian H.	4. 7.5	Dundee Thistle H.	4. 8.35	Edinburgh N.H.	4.11.59
1934	Dundee Thistle H.	4.20.47	Edinburgh N. H.	4.21.46	Maryhill H.	4.22.35
1935	Edinburgh N. H.	4. 3.23	Garscube H.	4. 4.18	Plebeian H.	4. 4.32
1936	Bellahouston H.	3.51.15	Shuttleston H.	3.52.51	Plebeian H.	3.52.57
1937	Dundee Thistle H.	3.50.14	Maryhill H.	3.52.11	Bellahouston H.	3.52.57
1938	Bellahouston H.	3.49.47	Maryhill H.	3.50.5	Dundee Thistle H.	3.56.20
1939	Maryhill H.	4. 6.3	Bellahouston H.	4. 6.36	Shuttleston H.	4. 8.17

April

1949	Shuttleston H.	4.15.25	Victoria Pk. A.A.C.	4.20.56	Bellahouston H.	4.21.16
Nov.						
1949	Shuttleston H.	3.56.57	Victoria Pk. A.A.C.	3.58.7	Bellahouston H.	4. 2.22
1950	Victoria Pk. A.A.C.	3.52.43	Shuttleston H.	3.53.15	Greenock Glenpark H.	3.59. 0
1951	Victoria Pk. A.A.C.	3.56.4	Shuttleston H.	3.59.30	Springburn H.	4. 1. 9
1952	Victoria Pk. A.A.C.	3.48.44	Shuttleston H.	3.55.10	Bellahouston H.	3.58.45
1953	Victoria Pk. A.A.C.	3.52.56	Shuttleston H.	3.54.52	Edinburgh S.H.	4. 1.21
1954	Victoria Pk. A.A.C.	3.46.43	Shuttleston H.	3.47.17	Springburn H.	3.55.25
1955	Shuttleston H.	3.46.13	Victoria Pk. A.A.C.	3.47.58	Springburn H.	3.51.32

INTERMEDIATE COURSE RECORDS

Relay

1	R. B. McIntosh	Greenock Glenpark H.	...	26 mins. 5 secs.	(1936)
2	P. Moy	Vale of Leven	...	29 " 49 "	(1955)
3	P. McNab	Springburn H.	...	21 " 56 "	(1936)
4	R. C. Wallace	Shuttleston H.	...	30 " 18 "	(1955)
5	J. Campbell	Bellahouston H.	...	27 " 57 "	(1938)
6	I. Binnie	Victoria Pk. A.A.C.	...	32 " 32 "	(1954)
7	D. Henson	Victoria Pk. A.A.C.	...	28 " 58 "	(1954)
8	A. Austin	Bellahouston H.	...	24 " 23 "	(1938)

Note.—In a previous series of races over the same course, S. K. Tombe (Plebeian H.) ran the 5th Relay in 27 mins. 53 secs. in 1931, and F. L. Stevenson (Monkland H.) ran the 8th Relay in 24 mins. 22 secs. in 1930.

THANKS

The organisers, on behalf of the "News of the World," thank the Scottish National Cross-country Union and the Scottish Amateur Athletic Association and all the officials for their valued assistance.

We are grateful also to the civic authorities of the cities of Edinburgh and Glasgow, and of the other towns through which we have passed, and of the counties of Midlothian, West Lothian and Lanarkshire, for their help.

The police authorities of Edinburgh, Glasgow, Midlothian, West Lothian and Lanarkshire have given their cordial co-operation, and we have much appreciated their aid.

Finally, we thank all who permitted us to erect direction signs along the route, all who lent their cars, or helped in other ways, including members of the St. Andrew's Ambulance Brigade, who gave invaluable service, and last, but by no means least, the runners themselves for their splendid support.

INSTRUCTIONS FOR COMPETITORS AND OFFICIALS

A letter from the Rt. Hon. Sir John G. Banks, Kt., Lord Provost of Edinburgh, addressed to the Rt. Hon. Andrew Hood, Lord Provost of Glasgow, will be handed to the first representative of Shuttleston H. (last year's winners) at the start by Bailie John Cormack of Edinburgh, and will be handed to the Lord Provost of Glasgow's deputy, Bailie Matthew Reilly, at the winning post.

All teams will carry a baton throughout the race.

Competitors' coaches, numbered as per relays 1-8, will take runners to their respective starting points, and pick them up again at the end of their relays. All competitors *must* travel in the official coaches.

All competitors, except those running the first relay, must be in their respective coaches, ready to start at 11.0 a.m. No competitor will be waited for. Only competitors and officials with Coach Tickets will be allowed to travel in the coaches.

To avoid congestion, no coaches must stop within 100 yards beyond each Take-over. Coach drivers are asked by the organisers to observe this request strictly.

Dressing facilities at the start: Edinburgh Y.M.C.A., South St. Andrew Street.

The first ten teams to finish will qualify for next year's race. The remaining teams to be invited will be selected by the Scottish A.A.A. and S.N.C.C.U.

Immediately after the race, competitors and officials with Tea Tickets adjourn to the Ca'doro Restaurant, Union Street, Glasgow, for High Tea, where Bailie Matthew Reilly will present the Trophy and Medals to the winners.

NOTE—The police have given instructions that cars and coaches must not park less than half a mile beyond the first take-over at Maybury Cross.

1957 NATIONAL RELAY RACE

The following teams have qualified for the 1957 National Race, by their performances in the Regional Races, and this year's National Race: South London H., Herne Hill H., Sheffield United H. & A.C., Thames Valley H., Belgrave H., Polytechnic H., Birchfield H., Derby & County A.C., Woodford Green A.C., Ilford A.C., and St. Albans City A.C.

The first two teams in this race will also qualify.

The remaining clubs will be chosen by the Selection Committee, taking into consideration their performances in the National and Regional races and their current form as shown in other events. The Selection Committee reserves the right to invite fewer than twenty teams, if, in the opinion of the committee, the clubs omitted are not up to the requisite standard.